



SPRINT 5K – SATURDAY 22ND AUGUST 2026

Firstly, thank you for entering the new CraggRunner Sprint 5k this coming Saturday.

Here are a few notes for you so you know what to expect when you arrive.

VENUE

The venue is the [Steven Burke Sports Hub](#), Nelson. We have sole use of the track for the afternoon.

We will be around from 10:30am to start setting up ready to open for the Junior races starting at 11:30. Senior Race registration will open at 12pm ready for the 13:00 first race.

PARKING

The main area to park is [HERE](#) just off Cravendale Avenue. There is enough parking for around 40 cars. Once this car park is full, I suggest you park considerately along Cravendale Avenue, leading onto Regent Street.

There is on street parking from the Barrowford side from Wilton Road, but this will not be marshalled and other users to the Pump track (bmx/scooter area) will also be parking. I would not advise parking on [Swindon Playing fields](#) as they could be wet and muddy and you could easily get your car stuck in mud.

EVENT AMENITIES

We will be providing the following on race day:

- 2 Portaloos
- Professional timing company
- Coffee van provided by Coffee Pod

REGISTRATION

We will set up a gazebo for registration. Please head here, near the entrance to the track to pick up your race number and timing chip.

There will be another Gazebo so you can store any kit you have brought along.

TIMING

The event will be timed by **TIME MY RACE**. After the event, the results will be available on the Time My Race website and then we will send them to RunBritain and the Power of Ten websites.

RACES

Due to numbers, there will only be 1 race on the day, starting at 13:00. We can have a capacity of 50 at once so it will not feel crowded.

Results will be available as soon as everyone has finished and the results page can be found here:

www.timemyrace.co.uk/sprint5k/

There will also be water available on the finish line.

PRESENTATION

We will do a presentation around 14:00 near the registration tent. As this is a series of races, we will only be doing 1st/2nd/3rd male and female.

All results will count toward the series of 4 races (3 to count) and we will do a larger field of prizes.

Right, I think that's it. Please contact me with any questions that I haven't covered here.

Have a safe journey over and I'll see you Saturday.

Darren

All enquiries regarding this email should be directed to **[Darren Graham](#)**.